PRE TREATMENT

It is very important that you follow these instructions carefully for optimum results:

Do not take Aspirin, Niacin, Vitamin E or Ibuprofen 24-hours before procedure

No alcohol or caffeine 24-hours prior to the procedure

Do not work out 24 hours before application (body heat expands the pores). It is recommended not to sweat (heavily) for the first 7 days after the procedure. Sweat is salt and will prematurely fade, blur or cause the pigment not to take at all.

Avoid sun/ tanning/burning 4 weeks prior and 4 weeks after procedure as it will affect results.
No brow waxing or tinting one week before application (let your brow hair grow out for as long as you can stand it)
No Botox for at minimum of 4 weeks prior to your application and 4 weeks after.
No Accutane for 1 year prior to application.
No chemical peels 60 days before and 60 days after (if you do, the brows will fade quicker due to Retinols/Retin-A's, other anti-aging creams or serums containing acids that fade your permanent makeup prematurely even after it has healed).

Smoking will cause the pigment to fade prematurely and anesthetics will not last as long.

Please note: You will be more sensitive if you have fibromyalgia or are on your menstrual cycle.

Microblading is **NOT** recommended for any clients who are or have:

Pregnant or nursing
Diabetic
Undergoing Chemotherapy (consult your doctor)
Viral infections and/or diseases
Epilepsy
A Pacemaker or major heart problems
Had an Organ transplant
Skin irritations or Psoriasis near the treated area (rashes, sunburn, acne, etc.)
Prone to Keloids
Sick (cold, flu, etc.)
Large pores
Very oily skin
Botox or chemical peels (30 days before or after)

You may wear makeup to the appointment. Your brows will be cleaned and sanitized prior to starting the procedure.